FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL |
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OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person [*] BOND RITCHIE L | | | | | 2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON] | | | | | | | | | Relationship neck all appl Direct | icable) | eporting Person(s) to Issuer e) 10% Owner | | |
|---|---|--|--|-------------------------------|--|---|--------|-------|---|--------|-----------------------------|-----------------|--|---|---|---|---|------------------------------------|
| (Last) ONE NOR | TH SECO | (First) (Middle) ECOND ST | | | | 3. Date of Earliest Transaction (Month/Day/Year) 07/22/2016 | | | | | | | | | X Officer (give title Other (specibelow) VP, Treasurer, Sec. | | | |
| (Street) HARTSVILLE SC 29551-0160 | | | | 60 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Lir | ndividual or Joint/Group Filing (Check Applicable 2) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (Sta | | ip) | | | | | | | | | _ | | | - | | | |
| | | | e I - Non | | | _ | | | 1 | Dis | | • | | ly Owned | | | | |
| Da | | | | 2. Transa Date (Month/D | Exer) if a | 2A. Deemed Execution Date, if any (Month/Day/Year) | | | 3. Transaction Code (Instr. 8) | | ies Acquire Of (D) (Inst | | Benefic Owned | es ially Following | Form (D) or | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | Code | v | Amount | (A) or (D) | Price | Reporte Transac (Instr. 3 | tion(s) | | | (Instr. 4) | |
| Common Stock 07/22 | | | | | 2016 | | | | М | | 2,493 | A | \$46. | 16 2 | ,493 | | D | |
| Common Stock 07/22. | | | | | /2016 | | | | S | | 167 | D | \$51. | 12 2 | 2,326 | | D | |
| Common Stock 07/22 | | | | 07/22/ | /2016 | | | | D | | 2,326 | D | \$51. | 42 0. | 0.0000 | | D | |
| | | Ta | | | | | | | | | osed of, onvertib | | | Owned | | | | |
| Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deem Execution if any (Month/Da | Date, | 4. Transa Code (I 8) | | n of l | | 6. Date E Expiratio (Month/D | n Dat | | Amount of | | 8. Price of Derivative Security (Instr. 5) | | Owners Form: Direct (i) Or Indirect (i) (Insti | Ownership | Beneficial Ownership ct (Instr. 4) |
| | | | | | Code | v | (A) | | Date Exercisa | | Expiration Date | Title | Amount or Number of Shares | | | | | |
| Stock Appreciation | \$46.16 | 07/22/2016 | | | M | | | 2,493 | 02/11/20 | 16 | 02/11/2025 | Common Stock | 2,493 | \$0.0000 | 5,06 | 4 | D | |

Explanation of Responses:

By: Elizabeth R. Kremer -

Power of Attorney for Ritchie 07/25/2016

L. Bond

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Signature of Reporting Person Date

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).