FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFICIAL	OWNERSHIP

l	OMB APPRO	VAL						
	OMB Number:	3235-0287						
	Estimated average burden							
	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SANDERS MANCIL J				2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]						(Che	elationship o ck all applic Director	able)	Perso	on(s) to Issu 10% Ow Other (s	ner	
(Last) (First) (Middle) ONE NORTH SECOND STREET					3. Date of Earliest Transaction (Month/Day/Year) 02/04/2009						7	below)			below)	респу
(Street) HARTSVI (City)	LLE SC	te) (Z	9550 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year) 02/06/2009					Line	dividual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - Non-D	Derivativ	e Sec	curities	Acc	uired, Dis	sposed of	f, or Ben	eficially	Owned				
Date			Transaction ate Ionth/Day/Ye	Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			d (A) or c. 3, 4 and	5. Amoun Securities Beneficia Owned Fo Reported	s Forn llly (D) o ollowing (I) (Ir		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code V	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s) nd 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Ate, Code (Instr. Security (A) or Disposof (D)		of Derivati Securiti Acquire (A) or Dispose of (D) (II	of Derivative (Month/Day/Year) Und Securities Acquired (Institute of S		of Securities Underlying		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Appreciation Rights	\$23.69	02/04/2009		A		50,000		02/04/2010	02/04/2016	Common Stock	50,000	\$0	50,000)	D	

Explanation of Responses:

By: George S. Hartley - Power of Attorney For: Mancil J.

12/30/2009

Sanders

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.