FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
vvasiiiigtoii,	D.C.	20349

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				ction 2A. Deemed Execution Date		n Date,	3. 4. Securit Date, Transaction Disposed Code (Instr. 5)		ties Acquired (A) or d Of (D) (Instr. 3, 4 and		nd Se Be Ov		s Illy ollowing	Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
					(A) or					Price	_ Tra	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
			(e.g.,										nea				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	(e.g., 3A. Deemed Execution Date, if any (Month/Day/Year)		calls		mber ative rities ired osed		converti		rities d f g Securit	8. Pri Deriv Secu (Insti	rice of ivative urity	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transac Code (II	calls	5. Num of Deriv Secur Acqu (A) or Dispo of (D) (Instr	mber ative rities ired (seed). 3, 4	options 6. Date Exer Expiration D	converti	7. Title and Amount of Securities Underlying Derivative	rities d f g Securit	8. Pri Deriv Secu (Insti	rice of ivative urity	derivative Securities Beneficial Owned Following Reported Transactio	e S Illy	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transac Code (II	action Instr.	5. Num of Deriv Secun Acqu (A) on Dispo of (D) (Instr. and 5	mber ative rities ired (seed). 3, 4	options 6. Date Exer Expiration E (Month/Day)	converticisable and ate Year)	7. Title am Amount o Securities Underlyin Derivative (Instr. 3 ar	d f g Securited 4) Amount or Number of	8. Pri Derit Secu (Insti	rice of ivative urity	derivative Securities Beneficial Owned Following Reported Transactio	on(s)	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership

Explanation of Responses:

- 1. Each share of Dividend equivalents on Restricted Stock units is the economic equivalent of one share of Sonoco Products Company common stock
- 2. Each share of Dividend Equivalents on Restricted Stock Unit is the equivalent of one share of Sonoco Products Company common stock. The shares were cashed out to account for withholding taxes.
- 3. Dividend equivalent rights on Restricted Stock will be settled upon the reporting person's retirement or other termination of service.
- 4. Each restricted stock unit represents a contingent right to receive one share of Sonoco Products Company common stock,
- 5. Each share of Restricted Stock Unit is the equivalent of one share of Sonoco Products Company common stock. The shares were cashed out to account for withholding taxes.
- 6. The restricted stock units vest 33%, 34% per year beginning year 3 from date of grant. Vested shares will be paid to the reporting person six months following retirement or termination of service.

By:Elizabeth R. Kremer-Power

of Attorney for Julie C.

Albrecht

** Signature of Reporting Person Date

03/02/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.