| SEC For   | m 4<br>FORM   | 4 U  | JNITED  | STA     | TES  | SE  | CUR   | ITIE  | ES AND   | EXCHA                           |  | OMN                                    | ISSION  |  |  |   |  |
|---|---|--|---|---------|--|---|---|---|--|---------------------------------|--|--|---|--|--|---|--|
| Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See                   |   |  |   | d purs  | Washington, D.C. 20549<br>IT OF CHANGES IN BENEFICIAL OWNE<br>pursuant to Section 16(a) of the Securities Exchange Act of 1934 |   |   |   |  |                                 |  |  | SHIP  |  |  | 3235-0287   |  |
| 1. Name and Address of Reporting Person <sup>*</sup> <u>MCGARVIE BLYTHE J</u>                                       |   |  |   |         | 2. Is  | or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [ SON ] |   |   |  |                                 |  |  |   | cable)<br>or   | 10% 0  |   | vner   |
|   | (Last) (First) (Middle)<br>ONE NORTH SECOND ST<br>P O BOX 160         |  |   |         | 01/  | 3. Date of Earliest Transaction (Month/Day/Year)<br>01/03/2023  |   |   |  |                                 |  |  |   | (give title  |  | Other (s<br>below)                                  |  |
| (Street)<br>HARTSVILLE SC 29551-0160  |   |  |   | 60      | 4. If  | Line)<br>X  |   |   |  |                                 |  |  |   | ual or Joint/Group Filing (Check Applicable<br>Form filed by One Reporting Person<br>Form filed by More than One Reporting<br>Person |  |   |  |
| (City)  | (Si   |  | (Zip)   | -Deriv  | ative  | Sec   | uritie  | <u>.</u>  | quired D   | isposed                         | of or Be   | neficia                                |   | 1  |  |   |  |
| Table I - Non-Deriva       1. Title of Security (Instr. 3)     2. Transac       Date<br>(Month/Date)     2. Transac |   |  |   | action  | ction 2A. Deem<br>Execution  |   | ed<br>Date  | , 3. 4. Secur<br>Transaction Dispose<br>Code (Instr. 5) |  | rities Acquir<br>ed Of (D) (Ins | ed (A) or  | d Securitie<br>Benefici                | nt of<br>es<br>ally<br>Following                    | Form<br>(D) o  | : Direct<br>r Indirect<br>str. 4)                              | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |  |
|   |   |  |   |         |  |   |   | Code V  | Amount   | (A) o<br>(D)                    | r Price  | Transact<br>(Instr. 3                  | tion(s)   |  |  | (Instr. 4)  |  |
|   |   | т  |   |         |  |   |   |   | uired, Dis<br>6, options                                       |                                 | ,  |  | y Owned   |  |  |   |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution I<br>if any<br>(Month/Day | Date, 1 | ransaction<br>Code (Instr.   |   | 5. Number<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |   | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                                 | 7. Title am<br>Amount o<br>Securities<br>Underlyin<br>Derivative<br>(Instr. 3 ar | f<br>g<br>Security                     | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number<br>derivative<br>Securities<br>Beneficiall<br>Owned<br>Following<br>Reported<br>Transactio<br>(Instr. 4)                   | Ownershi<br>Form:<br>Direct (D)<br>or Indirec<br>(I) (Instr. 4 | Ownership   | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   | c       | Code   | v   | (A)   | (D)   | Date<br>Exercisable  | Expiration<br>Date              | Title  | Amount<br>or<br>Number<br>of<br>Shares |   |  |  |   |  |
| Phantom<br>Stock<br>Units   | (1)   | 01/03/2023                                 |   |         | Α  |   | 559.4   |   | (2)  | (2)                             | Common<br>Stock  | 559.4                                  | \$60.33   | 20,962.  | 6  | D   |  |

Explanation of Responses:

1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.

2. The phantom stock units were accrued under the Sonoco Products Company directors deferred compensation plan and are to be settled in Sonoco Products Company common stock 6 months after the reporting person's retirement.

| <u>By: Elizabeth R. Kremer -</u>           |
|--|
| Power of Attorney for Blythe J. 01/04/2023 |
| McGarvie                                   |

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.