FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
vusilligion,	D.C.	20343	

TATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden hours per response: 0										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MCGARVIE BLYTHE J			SO	2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]								neck all a	nip of Reporti oplicable) octor	ng Pe	rson(s) to Is: 10% Ov			
(Last)	(Fi	rst) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/09/2023								Offi bel	cer (give title w)		Other (s below)	pecify
ONE NORTH SECOND ST P O BOX 160				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street)	VILLE SO		29551-01	60	Dul	lo 1	OhE	1/0) Transa	oti o	n In	diaatia			n filed by Mo son	ore tha	ın One Repo	rting
(City)	Rule 10b5-1(c) Transaction Indication City) (State) (Zip) Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							led to										
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)			action	ction 2A. Deemed Execution Date,			quired, Disposed of, or Bene- 3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr. 5)		red (A) or	5. Ar Secu Bene	ount of rities ficially ed Following	Forn (D) d	m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v .	Amount	(A) (D)	Price	Tran	saction(s) : 3 and 4)			insu. 4)		
		Ta							uired, Dis s, options					y Own	ed			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		le and	7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Exp Date	iration e	Title	Amount or Number of Shares					
Phantom Stock Units	(1)	06/09/2023			A		176.2		(2)		(2)	Common Stock	176.2	\$62.94	21,917	7.8	D	

Explanation of Responses:

- 1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.
- 2. Acquired on quarterly dividend on Sonoco Products Company's directors' deferred compensation plan and will be settled upon the reporting person's retirement or other termination of service.

By: Elizabeth R. Kremer -

Power of Attorney for Blythe 06/13/2023

J. McGarvie

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.