FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPF	ROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Albrech (Last)	d Address of I at Julie C (Fir H 2ND STR	,	Middle)	3. D 03/	Date of /20/20	Earlies	PROI	saction (Mor	g Symbol CO [SON th/Day/Year)		(0	Relationship Check all appli Direct X Office below	cable) or r (give title) VP,	CFO	10% Ov Other (s below)	vner
(Street) HARTSV (City)	VILLE SC (Sta	ate) (2	9550 Zip)	_				·	·		Li	ne) X Form Form Perso	filed by One filed by Mor n	e Repo	orting Perso	n
		Tabl	e I - Non-Deri	vative	e Sec	uritie	s Ac	quired, D	isposed	of, or Be	neficia	ally Owne	d			
1. Title of S	Security (Insti	. 3)	Date	saction /Day/Yea	ear) E	A. Deem xecution any Month/D	n Date,	Code (In	ion Dispose	ities Acquir d Of (D) (Ins		nd Securiti Benefic	es ially Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	/ Amount	(A) o (D)	Price	Trancac	tion(s)			(111501.4)
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		10							sposed of , convert			ly Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transa	calls	, warı	rants mber rative rities ired r osed) r. 3, 4		cisable and		d f s g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	3. Transaction Date	(e.g., 3A. Deemed Execution Date, if any	4. Transa	calls	5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr	rants mber rative rities ired r osed) r. 3, 4	6. Date Exer	, CONVERT	7. Title an Amount of Securities Underlyin Derivative	d f s g Security	8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficial Owned Following Reported Transactio	s Illy	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership
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Explanation of Responses:

- 1. Each share of Dividend equivalents on Restricted Stock units is the economic equivalent of one share of Sonoco Products Company common stock
- 2. Each share of Dividend Equivalents on Restricted Stock Unit is the equivalent of one share of Sonoco Products Company common stock. The shares were cashed out to account for withholding taxes.
- 3. Each restricted stock unit represents a contingent right to receive one share of Sonoco Products Company common stock.
- 4. Each share of Restricted Stock Unit is the equivalent of one share of Sonoco Products Company common stock. The shares were cashed out to account for withholding taxes.

By:Elizabeth R. Kremer-Power of Attorney for Julie C. 03/24/2020 **Albrecht**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.