SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549											OMB APPROVAL				
Section 16. Form 4 or Form 5 obligations may continue. See				ENT OF CHANGES IN BENEFICIAL OWNERSHIP									OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
Instruction 1(b).				nt to Section 16(a) o ction 30(h) of the In					4			-			
1. Name and Addre BOWEN JIM	ss of Reporting Person <mark> 1 C</mark>		er Name and Ticker			k all applicable) Director	10% Ov		wner						
(Last) ONE NORTH S	(First) ECOND STREET	(Middle)	3. Date 03/31/	of Earliest Transac /2005	ay/Year)	X SR	Officer (give ti below) L. VP-GLOBA	ive title Other (specify below) BAL PAPER OPERATIONS)					
(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
HARTSVILLE (City)	SC (State)	29550 (Zip)							X	Form filed by Form filed by Person					
	T	able I - No	n-Derivative S	ecurities Acq	uired,	Disp	oosed of, c	r Bene	ficially	Owned					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8) Code V		A. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 Amount (A) or (D)			5. Amount of Securities Beneficially Owned Followin Reported Transaction(s) (Instr. 3 and 4)	For (D)	Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Phantom Stock Units	(1)	03/31/2005		A		41.0162		(2)	(2)	Common Stock	41.0162	\$28.85	3,678.7413	D	

Explanation of Responses:

1. 1-for-1

2. The reported phantom stock units were acquired under Sonoco Products Company's excess benefit plan and will be settled upon the reporting person's retirement or other termination of service.

By: George S. Hartley - Power

of Attorney For: Jimmy C. Bowen

04/01/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.