FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549
-------------	------	-------

STATEMENT	OF	CHANGES	IN	BENEFICIAL	OWNERSHIP
SIAILIVILIVI	OI.	CHANGES	11.4	DENEI ICIAE	OWNERSHIP

OMB APP	ROVAL							
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
WHIDDON THOMAS E												1	X	Directo	or		10% Ov	vner	
	RTH SEC	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/03/2023								Officer below)	(give title		Other (s below)	specify	
POBOX	X 160				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street)	/ILLE SO	2 :	29551-016	0								Line)	ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate) ((Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date				2. Transa Date (Month/D	Execution Date,		Code (I	Transaction Disposed Of (D) (Instr. 3, Code (Instr. 5)			4 and Securition		es Form ially (D) o Following (I) (II		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
							Code	٧	Amount	(A) or (D)		rice	Transaci (Instr. 3	ction(s)			(Instr. 4)		
		Т	able II - D						uired, Di						Owned				
						cans			<i>,</i> .					<u> </u>		1 .	. 1		
1. Title of Derivative Security 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date (Month/Day/Year) (Month/Day/Year)			Date,	4. Transaction Code (Instr. 8)		n of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amo or Num of Shar	nber					
Phantom Stock Units	(1)	04/03/2023			A		596.7		(2)		(2)	Common Stock	590	6.7	\$60.75	52,544.	8	D	

Explanation of Responses:

- 1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.
- 2. The phantom stock units were accrued under the Sonoco Products Company directors deferred compensation plan and are to be settled in Sonoco Products Company common stock 6 months after the reporting person's retirement.

By: Elizabeth R. Kremer -

Power of Attorney for Thomas 04/04/2023

E. Whiddon

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.