FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

vvasinigton,	D.C.	20040	

STATEMENT	OF CHANGES	IN BENEFICIA	L OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WHIDDON THOMAS E					2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]									k all appli Directo	cable) or	g Pers	son(s) to Iss 10% Ov	vner	
(Last) ONE NC	(FO)	•	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/10/2022									Officer below)	(give title		Other (s below)	specify	
РОВОХ	X 160				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
(Street)	/ILLE SO	3 :	29551-0160)							ine) X	X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)																
		Tab	le I - Non-l	Deriva	tive	Sec	curitie	s Ac	quired, [Disp	osed o	of, or Be	nefic	ially	Owne	t			
			2. Transad Date (Month/Da	Day/Year) Exec		2A. Deemed Execution Date, f any (Month/Day/Year)		Code (Ir	Transaction Disposed Of (D) (Instr. 3, Code (Instr. 5)			4 and Securitie Benefici		es Form ially (D) o Following (I) (II		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	nt (A) or Pr		e	Transac	ansaction(s) nstr. 3 and 4)			(111511.4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Security Security S			ate, Ti	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				С	ode	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amou or Numb of Share	er					
Phantom Stock Units	(1)	03/10/2022			A		386.5		(2)		(2)	Common Stock	386.	5	\$55.49	48,048	3	D	

Explanation of Responses:

- 1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.
- 2. Acquired on quarterly dividend on Sonoco Products Company's directors' deferred compensation plan and will be settled upon the reporting person's retirement or other termination of service.

By: Elizabeth R. Kremer -

Power of Attorney for Thomas 03/14/2022

E. Whiddon

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.