FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average I	burden								
- 1	l .									

Check this box if no longer subject to Section 16. Form 4 or Form 5

Instruction 1(b).	oonanae. See			t to Section 16(a) o tion 30(h) of the In		es Exchange Act of 1934 npany Act of 1940		nours	s per response.	0.5	
1. Name and Address of Reporting Person* BOWEN JIM C				er Name and Ticker OCO PRODI			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owne V Officer (give title Other (spec				
(Last) (First) (Middle) ONE NORTH SECOND STREET				of Earliest Transac 2006	ction (Month/D	ay/Year)	X	(specify T			
(Street) HARTSVILLE SC 29550				endment, Date of 0	Original Filed	(Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)						Person			
		Table I - Nor	-Derivative S	ecurities Acqı	uired, Disp	osed of, or Benefi	cially	Owned			
Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transaction Code (Instr.			5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial	

8)

Code

(D) (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned puts, calls, warrants, options, convertible securities)

Amount

(A) or

Price

			(e.g.,	puts,	Calls	, waii	anııs	s, options,	CONVENT	DIE SECU	iiiies				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Phantom Stock	(1)	08/31/2006		A		37.714		(2)	(2)	Common	37.714	\$33.48	12,321.7033	D	

Explanation of Responses:

1. 1-for-1

Units

2. The reported phantom stock units were acquired under Sonoco Products Company's excess benefit plan and will be settled upon the reporting person's retirement or other termination of service.

By: George S. Hartley - Power of Attorney For: Jimmy C.

Bowen

** Signature of Reporting Person Date

09/05/2006

Owned Following

Reported

Transaction(s)

(I) (Instr. 4)

Ownership

(Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(Month/Day/Year)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.