FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number: 3235-0287 Estimated average burden									
	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Cockrell Harry A</u>						2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [ SON ]								eck all appli X Direct	cable) or	ng Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) ONE NORTH SECOND ST P O BOX 160				3. Date of Earliest Transaction (Month/Day/Year) 09/10/2020									Office below	give title		Other (s below)	pecify	
(Street) HARTSVILLE SC 29551-016 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								Lin	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					action	ction 2A. Deemed Execution Date,			3. 4. Secur Transaction Dispose Code (Instr. 5)		of, or Beneficia rities Acquired (A) or ed Of (D) (Instr. 3, 4 an		5. Amou Securiti Benefic	int of es ially Following	Form:	Direct of Indirect Estr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Table II - Derivati				tive Securities Acqu		Code \		Amount	(A) or Ben	FIICE	Transaction(s) (Instr. 3 and 4)							
		•							, options					, o milou				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day	Date, 1	Code (Inst				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly [	10. Ownership Form: Direct (D) or Indirect I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Exp Dat	piration te	Title	Amount or Number of Shares					
Phantom Stock Units	(1)	09/10/2020			A		138.3		(2)		(2)	Common Stock	138.3	\$53.14	17,228.	1	D	

## **Explanation of Responses:**

- 1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.
- 2. Acquired on quarterly dividend on Sonoco Products Company's directors' deferred compensation plan and will be settled upon the reporting person's retirement or other termination of service.

By:Elizabeth R Kremer -

Power of Attorney for Harry A. 09/14/2020

Cockrell

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.