FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Wood Adam						2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) VP Paper&Ind EMEA,Asia,ANZ				
(Last) (First) (Middle) ONE NORTH SECOND ST P O BOX 160						3. Date of Earliest Transaction (Month/Day/Year) 02/13/2019												
(Street) HARTSVILLE SC 29551-0160				60	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	ity) (State) (Zip)																	
		Tab	le I - No	n-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed of	, or Ben	eficially	Owned				
1. Title of Security (Instr. 3) 2. Trans Date (Month/						ar) I	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Amour Securitie Beneficia Owned F Reported	s Illy ollowing	6. Own Form: (D) or I (I) (Inst	Direct Indirect Etr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				instr. 4)
Common Stock 02/14						2019		М		388	A	\$0.000	0 12,	12,204		D		
Common Stock 02/14						2019			F		183	D	\$60.16	12,	12,021		D	
		Т									osed of, convertib			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transa Code (I 8)		n of		6. Date Exercisi Expiration Date (Month/Day/Yea		e	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: y Direct (D) or Indirect (I) (Instr.	Ownership Form:	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares	mber				
Restricted Stock Units	\$0.0000(1)	02/13/2019			A		977		02/13/202	20(2)	02/13/2029	Common Stock	977	\$0.0000	977	T	D	
Restricted Stock Units II	\$0.0000(1)	02/13/2019			A		274		(3)		(3)	Common Stock	274	\$0.0000	1,351.1	1	D	
Stock Appreciation Right	\$60.77	02/13/2019			A		6,778		02/13/202	20 ⁽⁴⁾	02/13/2029	Common Stock	6,778	\$0.0000	6,778		D	
Restricted	¢0,0000	02/14/2010			, I			,,,	02/14/20	10	02/14/2020	Common	200	* 0.0000	700		D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of Sonoco Products Company common stock.
- 2. The restricted stock units vest beginning one year from date of grant in three annual installments of 33%, 33% and 34%.
- 3. The restricted stock units vest on 07/08/2023. Vested shares will be paid to the reporting person six months following retirement or termination of service.
- 4. SAR units vest beginning one year from date of grant in three annual installments of 33%, 33% and 34%.

By:Elizabeth R. Kremer-Power 02/15/2019 of Attorney for Adam Wood

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.