SEC For	m 4 FORM	4 l	JNITED	STAT	ΓES	SE	CUR	ITIE	ES AND	EXCHA	NGE C	юмм	ISSION				
Section 16. Form 4 or Form 5 obligations may continue. See					l pursi	Washington, D.C. 20549 <b>IT OF CHANGES IN BENEFICIAL OWNER</b> pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								OMB APPRO OMB Number: Estimated average burn hours per response:			3235-0287
1. Name and Address of Reporting Person* WHIDDON THOMAS E						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>SONOCO PRODUCTS CO</u> [ SON ]								of Reportin cable) or	g Pers	vner	
(Last) (First) (Middle) ONE NORTH SECOND ST P O BOX 160					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2020									Officer (give title below)		Other (s below)	specity
(Street) HARTSVILLE SC 29551-010				)	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acqui							ouired D	isposed	of or Be	neficia		1					
1. Title of Security (Instr. 3) 2. Transa Date (Month/Da				ction	ction 2A. Deemed Execution I		ed Date	3. Transacti Code (Ins	4. Secur on Dispose	ities Acquir	ies Acquired (A) or Of (D) (Instr. 3, 4 an		nt of es ally Following	Form (D) o	r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code V	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(11311.4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	ate, Ti	ransaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative (Instr. 3 an	f Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	y Direct (D) or Indirec (I) (Instr. 4	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				c	code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Phantom Stock Units	(1)	07/01/2020			A		626.6		(2)	(2)	Common Stock	626.6	\$51.87	42,427.	.6	D	

Explanation of Responses:

1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.

2. The phantom stock units were accrued under the Sonoco Products Company directors deferred compensation plan and are to be settled in Sonoco Products Company common stock 6 months after the reporting person's retirement.

By: Elizabeth R. Kremer -	
Power of Attorney for Thomas	07/03/2020
E. Whiddon	

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.