FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Sectio	n 30(h)	of the	Inve	estment (	Com	pany Act	of 19	40							
1. Name and Address of Reporting Person*  WHIDDON THOMAS E						2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [ SON ]											tionship of Reporting Person(s) to all applicable)  Director 10%			son(s) to Iss	
	(Last) (First) (Middle) ONE NORTH SECOND ST P O BOX 160					oate o' (09/2)		t Tran	sacti	ion (Mor	nth/D	ay/Year)				(		(give title		Other (s	
				4. 11											S. Individual or Joint/Group Filing (Check Applicable line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	le I - Nor	n-Deriv	ative	Sec	curitie	s Ac	qui	ired, D	isp	osed o	of, o	r Ben	eficial	ly O	vned	1			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					ar) E	PA. Deemed Execution Date, f any Month/Day/Yea		,   1	Transaction Di Code (Instr. 5)			4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			land Se Be Ov		5. Amount of Securities Beneficially Dwned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	/	Amount (A) or (D)			Price	Tr	Transaction(s) (Instr. 3 and 4)				(111511. 4)		
		7	able II -	Deriva (e.g., p												/ Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Num of Deriva Securi Acquir (A) or Dispos of (D) (Instr. and 5)	tive ties red sed	Expi	ate Exer iration D nth/Day/		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Pri Deriv Secu (Instr	ative rity	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e C s F lly C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	e rcisable		piration te	Title		Amount or Number of Shares						

## **Explanation of Responses:**

(1)

Phantom

Stock Units

- 1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.
- 2. Acquired on quarterly dividend on Sonoco Products Company's directors' deferred compensation plan and will be settled upon the reporting person's retirement or other termination of service.

(2)

214.4

3. Acquired on quarterly dividend on Sonoco Products Company's officers' deferred compensation plan and will be settled upon the reporting person's retirement or other termination of service.

By: Elizabeth R. Kremer -

214.4

Power of Attorney for Thomas 09/13/2016

\$51.1

29,832

D

E. Whiddon

(3)

Commor

Stock

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

09/09/2016

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.