FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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|               |      |       |  |

| <b>STATEMENT</b> | <b>OF CHANGES</b> | IN BENEFICIAL | <b>OWNERSHIP</b> |
|------------------|-------------------|---------------|------------------|

| OMB APPROVAL             |     |  |  |  |  |  |  |  |  |
|--------------------------|-----|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0       |     |  |  |  |  |  |  |  |  |
| Estimated average burden |     |  |  |  |  |  |  |  |  |
| hours per response.      | 0.5 |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  Haynes Ernest D III  (Last) (First) (Middle)  ONE NORTH SECOND ST P O BOX 160  (Street) HARTSVILLE SC 29551-0160 |  |            |  |                 | 3. Da 03/1 | Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [ SON ]  3. Date of Earliest Transaction (Month/Day/Year) 03/10/2023  4. If Amendment, Date of Original Filed (Month/Day/Year) |   |      |                      |                    |   | 6. In  | S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director |   |   |  |   |  |
|--|--|------------|--|-----------------|------------|--|---|------|----------------------|--------------------|---|--|--|---|---|--|---|--|
| (City)   | (Sta   | ate) (Ž    | <u>Z</u> ip)                                 |                 |            |  |   |      |                      |                    |   |  |  |   |   |  |   |  |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |            |  |                 |            |  |   |      |                      |                    |   |  |  |   |   |  |   |  |
| 1. Title of Security (Instr. 3)  2. Transar Date (Month/Date)  |  |            |  | Execution Date, |            | Code (I  | nstr.   | . 5) |                      | str. 3, 4 and      | Benefici<br>Owned I<br>Reporte                      | es Forn<br>fally (D) c<br>Following (I) (II<br>d   |  | r Indirect<br>str. 4)   | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |   |  |
|  |  |            |  |                 |            |  | Code  | V    | Amount               | unt (A) or Pr      |   |  | nsaction(s)<br>tr. 3 and 4)  |   |   |  |   |  |
|  |  | Ta         | able II - D<br>(e                            |                 |            |  |   |      | uired, D<br>, option | •                  |   |  | ,  | Owned   |   |  |   |  |
| Derivative Conversion Date Execution Date, Tr<br>Security or Exercise (Month/Day/Year) if any Co   |  |            | ransaction of E<br>ode (Instr. Derivative (I |                 |            | Expiration   | 6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4) |      |                      | f<br>g<br>Security | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Numbe<br>derivative<br>Securities<br>Beneficial<br>Owned<br>Following<br>Reported<br>Transactio<br>(Instr. 4) | s<br>Ily   | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4)                             |  |   |  |
|  |  |            |  |                 | Code       | v  | (A)   | (D)  | Date<br>Exercisabl   |                    | xpiration<br>ate                                    | Title  | Amount<br>or<br>Number<br>of<br>Shares   |   |   |  |   |  |
| Dividend<br>Equivalents<br>on<br>Restricted<br>Stock Units   | \$0.0000(1)  | 03/10/2023 |  |                 | A          |  | 34  |      | (2)                  |                    | (2)   | Common<br>Stock  | 34   | \$56.35   | 119.1   |  | D |  |

## Explanation of Responses:

- 1. Each share of Dividend equivalents on Restricted Stock units is the economic equivalent of one share of Sonoco Products Company common stock
- 2. Acquired quarterly dividend equivalent rights on Restricted Stock which will be settled upon the reporting person's retirement or other termination of service.

By: Elizabeth R. Kremer -

Power of Attorney for Ernest 03/14/2023

D. Haynes

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.