FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* BOWEN JIM C							2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]								Reporting Pole)	Person(s) to Iss		
(Last) ONE NORT	(Firs	,		3. Date of Earliest Transaction (Month/Day/Year) 10/29/2004								below)		APER (below) ER OPERATIONS			
(Street) HARTSVII	LLE SC	29550				4. If Amendment, Date of Original Filed (Month/Day/Year)								dividual or Joint/Group Filing (Check Applicable Line) K Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(Sta	te) (.	Zip)															
		Та	ble I - No	n-Deri	ivativ	re S	ecurities	Acq	uired,	Dis	posed of,	or Bene	eficially	Owned				
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date)						Execution Date,					Acquired (A) or (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		. Nature of ndirect seneficial ownership	
								Ī	Code	v	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 and			"	nstr. 4)
Common Stock 10/29/							/2004		M		9,009	A	\$18.073	9,0	09	D		
Common Stock 10/29/						/2004			S		9,009	D	\$26.5	0]	D	
Common Stock														5,003	.065	I		y 401(k) olan
			Table II								osed of, o onvertible			wned	,		,	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)				6. Date Exer Expiration D (Month/Day/		ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	ve es ially ng d	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)		
Non-Qual. Stock Option(right to buy)w/tandem tax w/h right	\$18.0736	10/29/2004			M			9,009	02/01/	1996	02/01/2005	Common Stock	9,009	\$0	0		D	
Phantom	(1)	10/29/2004			Α		44.4022		(2))	(2)	Common	44 4022	\$26.65	3.046.56	573	D	

Explanation of Responses:

- 1. 1-for-1
- 2. The reported phantom stock units were acquired under Sonoco Products Company's excess benefit plan and will be settled upon the reporting person's retirement or other termination of service.

By: George S. Hartley - Power of Attorney For: Jimmy C.

11/01/2004

Date

<u>Bowen</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.