FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-028									
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	Check this box if no longer subject to
	Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* NAGARAJAN SUNDARAM					2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]									(Ch	eck all appl	onship of Reporting Pe Ill applicable) Director		erson(s) to Issuer	
(Last) (First) (Middle) ONE NORTH SECOND ST					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2019										Office below	r (give title)		Other (s	specify
			29551-0160 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)								Line) X Form Form	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(3	-		Darive	tive (Coo				Dia		of or D		المنمنا					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					2A. Deemed Execution Date,		3. Trans Code 8)	action (Instr.	4. Securities Acquing Disposed Of (D) (In 5) Amount (A) (D)		ired (Anstr. 3,	or 4 and Price	5. Amor Securiti Benefic Owned Reporte Transac (Instr. 3	unt of ies For (D) (I) (Following ed ction(s)		n: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
		ı							s, optio						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Da if any (Month/Day/Y	Co	Transaction Code (Instr.		າ of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Dire or I (I) (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Co	ode \	v	(A)	(D)	Date Exercisab		kpiration ate	Title	Amo or Nun of Sha	nber					
Phantom Stock Units	(1)	10/01/2019		I	A		970		(2)		(2)	Common Stock	97	70	\$57.99	13,121.5	5	D	

Explanation of Responses:

- 1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.
- 2. The phantom stock units were accrued under the Sonoco Products Company directors deferred compensation plan and are to be settled in Sonoco Products Company common stock 6 months after the reporting person's retirement.

By:Elizabeth R. Kremer -

Power of Attorney for

10/02/2019

Sundaram Nagarajan

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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