FORM 4	JNITED STAT	TES SECURITIES AND EXCHANGE COI Washington, D.C. 20549	MMISSION	OMB A	PPROVAL
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	-	Pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	_	OMB Number: Estimated avera hours per respo	0
1. Name and Address of Reporting Person* Istavridis Eleni		2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]	5. Relationship of I (Check all applicated X Director		i(s) to Issuer 10% Owner
(Last) (First) (ONE NORTH SECOND ST	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/10/2022	- Officer (g below)	ive title	Other (specify below)
P O BOX 160 (Street)		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Join Line) X Form filed	nt/Group Filing (C	

HARTSVILLE SC

(City) (State)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

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1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(e.g.,	Juis,	calls,	wai	iant	s, options		Die Seci	unuesj				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Nu of Deriv Secu Acqu (A) of Dispo of (D (Instr and 5	vative rities lired r osed) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Phantom Stock Units	(1)	06/10/2022		Α		28		(2)	(2)	Common Stock	28	\$56.91	3,275.2	D	

Explanation of Responses:

1. Each share of phantom stock is the economic equivalent of one share of Sonoco Products Company common stock.

29551-0160

(Zip)

2. Acquired on quarterly dividend on Sonoco Products Company's directors' deferred compensation plan and will be settled upon the reporting person's retirement or other termination of service.

Power of Attorney for Eleni	06/13/20
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** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

ON

Form filed by More than One Reporting

Person

Date